

Professional, practical and compliant workplace training delivered across the UK.
All courses can be delivered at appropriate levels to reflect staff roles and organisational requirements.

Health & Safety Training

- Health & Safety in the Workplace
- Food Safety
- Risk Assessment Training
- Accident & Incident Investigation
- Manual Handling Awareness
- Slips, Trips & Falls Prevention
- Working at Height Awareness
- COSHH Awareness
- Asbestos Awareness
- Legionella Awareness
- PPE Awareness
- Contractor Safety & Permit to Work Systems

Fire Safety Training

- Fire Safety Awareness
- Fire Marshal / Fire Warden
- Practical Fire Extinguisher Use
- Evacuation Procedures & Emergency Planning
- PEEP Awareness (Personal Emergency Evacuation Plans)

First Aid & Emergency Response

- Emergency First Aid at Work (EFAW)
- First Aid at Work (FAW)
- Paediatric First Aid
- Basic Life Support (BLS)
- CPR & AED Training
- Anaphylaxis Awareness
- Sepsis Awareness

Education & Workplace Awareness

- Safeguarding Awareness
- Duty of Care
- Mental Health Awareness
- Behaviour Awareness
- Safety Leadership for Supervisors

Warehouse & Industrial Safety

- Manual Handling (Practical)
- Safe Systems of Work
- Workplace Transport Awareness
- Fire Safety in Industrial Settings
- Hazard Identification & Control
- Safety Leadership for Supervisors

Management & Leadership Training

- Health & Safety for Managers
- Effective Supervision
- Developing a Positive Safety Culture
- Risk Management for Team Leaders
- Incident Reporting & Investigation
- Compliance & Governance Awareness

Bespoke & Sector-Specific Training

- Tailored training aligned to your risk profile
- Policy and procedure-based delivery
- Industry-specific compliance training
- Structured annual training programmes